

PROCLAMATION

Mental Health Month

WHEREAS, mental health is essential to everyone's overall health and well-being; and,

WHEREAS, all Americans experience times of difficulty and stress in their lives; and,

WHEREAS, promotion and prevention are effective ways to reduce the burden of mental health conditions; and,

WHEREAS, there is a strong body of research that support user-friendly tools that all Americans can access to better handle challenges, and protect their health and well-being; and,

WHEREAS, mental health conditions are real and prevalent in our nation; and,

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and,

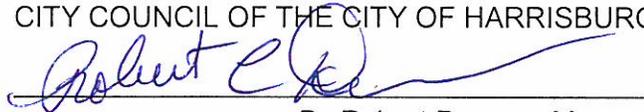
WHEREAS, each business, school, government agency, faith-based organization, health care provider, veteran's groups and citizen has a responsibility to promote mental wellness and support prevention efforts; and

WHEREAS, the Linn County Mental Health Advisory Board, in cooperation with other community organizations, is promoting the message there is no health without mental health through Public Service Announcements, Health Fairs, public speakers and various trainings regarding mental health issues.

NOW, THEREFORE, I Mayor Robert Duncan, do hereby proclaim May 2015 as Mental Health Month in the City of Harrisburg. As the Mayor of Harrisburg, I also call upon the citizens, governmental agencies, public and private institutions, businesses and schools in Harrisburg to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

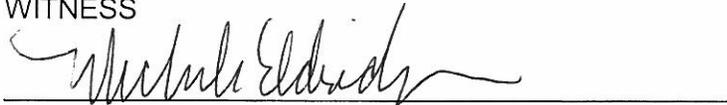
SO PROCLAIMED this 13th day of May, 2015.

CITY COUNCIL OF THE CITY OF HARRISBURG



By Robert Duncan, Mayor

WITNESS



Michele Eldridge, City Recorder