

Harrisburg

2015 Summer Activities

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H.A.R.T. Family Resource Center
354 Smith Street—P.O. Box 378
Harrisburg, OR 97446
(behind the Senior Center)
541-995-7700
emoro@ci.harrisburg.or.us



H.A.R.T. Family Resource Center
Summer Activities Major Supporters:
City of Harrisburg
Harrisburg School District
Soroptimist International of Junction City
Harrisburg United Methodist Church

Classes for Children

Make-A-Book

June 22-25
9:00—11:30 am
Place: TBA
Ages: 8 & up
Cost: \$10
Instructor: Kim Miller



Campers will write and illustrate their own books. Then, they will design and make their own book covers out of assorted materials, assemble their books, and then take them home!

Baby Sitter 101

June 29 & 30
9:00—11:30 am
HART Preschool
430 Smith St.
Ages: 10 & up
Cost: \$10

This two-day camp provides safety tips, basic first aid, snack ideas and child development for youth who want to be more effective baby sitters. They will receive their own handbook and certificate.

Instructor: Hope Hartley

Survivor I Camp

July 6—10
9:00 am —3:00 pm ,
with a break for lunch
Meet first day at HART
Center
Ages: 8 & up
Cost: \$10

Learn Plant Identification and Basic Survival Skills---While hiking through the "woods", we will identify plants, read a compass, build a shelter and learn how to survive in the wilderness if lost.

Instructor: Kim Miller



Survivor II Camp

July 20—24
9:00 am—3:00 pm
Meet first day at HART
Center Includes over-
night camping
For those who have
attended Survivor I this
year or previous years
Cost: \$20 - includes meals
Instructor: Kim Miller

Campers will review last year's skills, learn new ones and go camping. Overnight campers will build their own shelters, dig a fire pit, line it with rocks, collect fire wood and set a fire. The campers will practice "getting their bearings" They will search for edible and non-edible plants. They will be working cooperatively-being a "good buddy," and mostly they will be having FUN!!!

Art Camp

August 3—6
9:30 am—noon
TBA
Ages: 8—12
Cost: \$10



Campers will practice drawing and painting, using a variety of mediums including watercolors, acrylics, pastels and colored pencils.

Instructor: Casimira Sepulveda

Preschool Camp

August 3—6
10 am—noon
HART Preschool
430 Smith St.
Ages 3—5
Cost: \$10
Instructors: CC McCarl & Hope Hartley

Our youngest campers will have fun learning and making new friends. Circle time, storytelling, crafts and songs, and more will be part of this summer camp.



Cooking Camps

Note: parents are welcome to attend cooking camps with their children at no further cost for themselves. Cooking classes will be held at the United Methodist Church, 701 Smith St.

Cookie Camp

June 29—July 1
(Mon—Wed)
2—4 pm
Ages: 8 & up

Campers will make a different cookie each day.

Cost \$10

Instructor: Lindsay Surface



Summer Produce Cooking Camp

August 17-19
(Mon—Wed)
10 am—noon
Ages: 8 & up
Cost \$10

Campers will make delicious dishes with local fresh fruits and veggies.

Instructor: Lindsay Surface



Classes for Mommy & Me

Making Snacks with Your Preschooler

For parents & children ages 3-5
July 20—22 (Mon—Wed)
10 am—noon
United Methodist Church
701 Smith St.
Cost: \$10 Instructor: Lindsay Surface



Make fun, simple and healthful snacks with your child. This is a great way to introduce your child to new foods and to helping in the kitchen.

Home-Made Toys

For parents & children ages 3-5
August 18—20
(Tuesday—Thursday)
9:30—11:30 am
Place: TBA
Cost: \$10 Instructor: TBA

Have fun making a toy with your child & take it home. Make a different toy each day of the class.

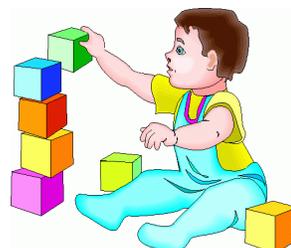


Toddler Play Time

For parents and children 0—3
Fridays starting June 26
10:00 am—11:00 am
At the HART Center
FREE

Would you like to meet other parents with toddlers? Make a "play date" to meet at the HART Center on Fridays. Toddler Play Time is a free casual get-together and is a great time to share with and learn from other parents.

Afterwards, take your toddler to the library for "Story Time for Toddlers"



Classes for Youth & Adults

Improvistional Theater

August 10—13
 Time; 6:15—8:15 p.m.
 United Methodist Church
 701 Smith St.
 Ages: 12—Adult
 Cost: \$10



Instructor: Greg Hartley

In improvistional theater (*improv*), the actors work together to make up dialogue and action as they perform rather than using a prepared script. It is part experiment and part ‘thinking on your feet’ with a lot of audience and group interaction. This class will teach basic improv techniques. Students will have fun practicing their new skills. Teachers and business professionals who give presentations will also benefit from learning these techniques.

Line Dancing

Wednesday July 8
 7:00—8:00 p.m.
 Justice Center
 354 Smith St.
 All ages—6 to Adult
 Cost: \$5



Minimum of 8 people needed for this class—please pre-register.
 Instructor: Mike Woodruff

Anyone and everyone can learn to line dance. Increase your enjoyment of country & western music by learning line dancing. steps

Being a Well Woman

Tuesdays, June 23—August 25
 6:30—8:30 pm
 Church of God Seventh Day
 820 Diamond Hill Rd.
 For women ages 18 & up, *limit: 10-12*
 \$10 donation requested for materials
 Facilitator: Nita Halstead

A 10-week Women’s Circle program focusing on physical, emotional, spiritual, financial and occupational wellness, and more. The purpose of a Women's Circle is to create a safe space for women to explore and express themselves and to be part of a supportive, positive community.

Creating Circles to Nourish

Communities: Basic Women's Circle
 Facilitator Skills Training
 Wednesdays, July 15—August 5
 6:30-8:30 pm
 Justice Center, 354 Smith St.
 For adults, 18 and older, *limit: 24*
 Fee: \$10 Instructor: Nita Halstead

This course provides an experiential learning opportunity for people wanting to start and facilitate their own Circles. Topics to be covered: Basic Communication Skills, The History and Use of Talking Pieces, Creating and Honoring Group Guidelines, Basic Mediation and Conflict Resolution, Art as Self-Expression, & more.

Friday Walk Along the River

Fridays starting June 26
 9:00 a.m.—10:00 a.m.
 Meet at the H.A.R.T. Center
 All Ages—FREE



It’s early Friday morning—start your day by taking a leisurely stroll along the river. Bring old friends, make new ones. Walking and talking is great therapy for mind and body—make it a habit!

Are you unable to walk? Wheelchairs, Segways, and scooters are welcome as long as you can go slowly enough for casual walkers to keep up!

H.A.R.T. Family Resource Center Registration Form

Please fill out both sides—see back page

<u>Children’s Classes</u>	<u>Names of Those Attending</u>	<u>Cost/person</u>	<u>Total \$</u>
1. June 22-25 9-11:30am Make-A-Book	1. _____	\$10	_____
2. June 29-30 9-11:30am Baby Sitter Camp	2. _____	\$10	_____
3. June 29-July 1 2-4 m Cookie Camp	3. _____	\$10	_____
4. July 6-10 9am—3pm Survivor I	4. _____	\$10	_____
5. July 20-24 9am—3pm Survivor II*	5. _____	\$20	_____
With 2 nights camping			
6. August 3-6 9:30am—noon Art Camp	6. _____	\$10	_____
7. August 3-6 10am—noon Preschool Camp	7. _____	\$10	_____
8. August 17-19 10am—noon Summer Produce	8. _____	\$10	_____
<u>Mommy & Me Classes</u>			
9. July 20-22 10am -noon Preschool Snacks	9. _____	\$10	_____
10 August 18-20 9:30—11:30am Make A Toy	10. _____	\$10	_____
<u>Youth & Adult Classes</u>			
11 July 8 7-8pm Line Dancing	11. _____	\$ 5	_____
12 August 10-13 6:15—8:15pm I mprov Theater	12. _____	\$10	_____
13. June 23-Aug 25 6:30-8:30pm Well Woman	13. _____	\$10	_____
14. July15-Aug 5 6:30-8:30pm Facilitator Skills	14. _____	\$10	_____
			Total \$: _____

Harrisburg Library

Summer Reading Program



At the Harrisburg Middle School Auditorium after the free lunch:

July 2 at 1:00 pm—Story Teller
Coming in July: Police & Firemen



Summer Reading Logs: Sign up at the library. Read eight books, fill out your log, and receive a \$5 gift card to Barnes & Noble. Limit: two Reading Logs. Read your books at the library or check them out and read them (or have them read to you) at home.



Other Programs at the Library



Lego Club every Friday, noon—2:00 pm

Starting in July: Comic Book Club

“Story Time for Toddlers” every Friday and Saturday, 11:00 am—noon

“Stuffed Animal of the Week” - Check out a stuffed animal for a week — for children of all ages

For Adults: Book Club meets every Monday, 7:00—8:00 pm

Church Bible Camps

June 22—24 Life Bible “His Kids Camp” for 4-6 years old, 9 am—noon, 541-995-8282

July 13—18: Church of God, Seventh Day Vacation Bible School, 9 a.m.—noon, 541-995-8003

July 27—Aug 1: Harrisburg Christian Church Summer Bible Camp, mornings, 541-995-6723

For Harrisburg Riverside Church One-day Church Camp schedule, call 541-743-1582

H.A.R.T. Family Resource Center Registration Form

Please fill out both sides—see inside page

Children & Youth: _____

Name _____

Age _____

Parent or Guardian: _____

Name: _____

Phone: _____

email: _____

Address: _____

Emergency contact: _____

Phone: _____

Parent/Guardian Signature _____

Date _____

Adults: _____

Name _____

Emergency contact: _____

Phone: _____

Phone: _____

email: _____

Address: _____